



(For Leeward CC students, faculty, and staff)

SUCCESS CONNECTION WORKSHOP

Cultivating Happiness and Well-Being

Wednesday, 9/13/2023

12:00 - 1:00 p.m.

at GT-105

Presented by **Kelly Kennedy**

Attend this workshop to learn and practice research-based methods for cultivating happiness and well-being in your daily life.

[In-Person RSVP Link](#)

Zoom link and password also posted on the [Writing Center website](#)

Review sessions for past SC Workshops: go.hawaii.edu/983

Information about upcoming workshops: go.hawaii.edu/Gp8