



UNIVERSITY of HAWAII
LEEWARD
COMMUNITY COLLEGE

December 3, 2022

TO: Keala Chock, Vice Chancellor for Academic Affairs

VIA: Eiko Kosasa, Social Sciences Division Chair 
Kathryn Fujioka-Imai, Interim Dean of Arts & Sciences 

FROM: Gwen Williams, Professor/Coordinator COSUDS Counseling Program

SUBJECT: 2022-2023 Catalog Addendum

Dear Keala,

This memo seeks to correct an error in Leeward CC's 2022-2023 Catalog.

The following program description was not updated in the catalog as a result of system approval arriving after the catalog deadline. Currently, the catalog has outdated information about the COSUDS Counseling Program. I will also attach it to the email as a separate attachment.

I am asking that this now be inserted in the 2022-2023 Catalog as an addendum.

Mahalo,

Dr. Gwen Williams

Gwen Williams PhD., LCSW, DCSW
Professor in Human Services
Coordinator of the Certificate of Competence
in Substance Use Disorders Counseling Program

Human Services/Substance Use Disorders (COSUDS) Counseling Program

Contact Information

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The Human Services (HSER) Certificate of Competence in Substance Use Disorders Counseling (COSUB/SUDS) Program provides education and skill development for people interested in pursuing a career as substance use disorders (SUDs) counselors, as well as for those already working in the helping professions and who wish to hone their knowledge and skills. The COSUD program offers a specialization for people with BA and MA degrees in such areas as social work, psychology, counseling, marriage and family counseling, and additional expertise for professionals in law enforcement, nursing, education, and rehabilitation counseling.

Learners will focus on developing both basic and intermediate-level knowledge and skills required for entrance-level substance use disorder counselors. They will be encouraged to develop personal maturity through self-exploration, and the adoption of a professional demeanor that will support their entry into the substance use disorder counseling field.

Learners can fulfill a sizable portion of the IC & RC Twelve Core Functions of the Alcohol and Drug Abuse Counselor requirements with the completion of a substance use disorder counseling certificate program. The coursework will also assist one in preparing for the state certification exam. Please be advised that completing Leeward CC's certificate program is not the same as obtaining the state certification. Contact the Department of Health, Alcohol and Drug Abuse Division (ADAD), Certification Unit for additional information about such requirements. (<http://hawaii.gov/health/about/admin/health/substance-abuse/index.html>).

It is highly recommended that learners work to complete along with the certificate, an AA degree in Liberal Arts if they currently have no degree. All of the HSER courses may be applied toward the elective credit requirements for the AA degree. Completion of the certificate equals 2,000 hours toward the ADAD education and experiential requirement with the potential for securing an additional 400 fieldwork hours when signed off by a CSAC supervisor, which also contributes toward the ADAD experiential hours requirement.

Certificate of Competence, Substance Use Disorders Counseling

21 credits

The CO in Substance Use Disorders Counseling Program requires a minimum of a C grade in all courses to matriculate through the program.

Typically, this is a two-year, part-time program of study. In most cases, one needs to complete HSER 100, 140, 245, 268 & 270 (in any order) prior to enrollment in the fieldwork and courses HSER 294 and HSER 295, which are completed in the second year.

Prior to entering the internship/fieldwork experience and enrolling in HSER 294 & 295, but after completing all previous program courses (or with instructor approval), the learner must be officially accepted into the CO in Substance Use Disorders Counseling Program. Learners will complete a formal application (to be provided by the program coordinator) before being accepted into the fieldwork part of the program. Upon acceptance into this part of the program, they will then need to secure a commitment from a substance use disorder treatment program in order to complete their internship. In most cases, learners need to be living an abstinent (if in recovery) lifestyle for a minimum of two years and for some agencies, up to three years, in order to intern at a substance use disorders treatment facility.

*Background checks of applicants are often done by fieldwork agencies prior to acceptance. There are only a few agencies that accept those on probation or parole as interns.

*Felonies that are substance use related have typically not been a barrier to work within this field, however having other felonies could be an obstacle to working with clients. Contact DOH Alcohol & Drug Abuse Division (ADAD) Certification Department if you have any questions about becoming a Certified Substance Abuse Counselor (CSAC).

Description

Care, Connect, Collaborate

Substance use disorder counseling is a demanding, yet rewarding field of human service that requires patience, compassion, a keen desire to assist others in healing from substance use disorders, field-specific knowledge and counseling skill development, as well a good deal of psychological maturity.

In this part-time, two-year substance use disorder counseling program, one will become prepared for entering the field through exposure to the entire range of the 12 Core Functions required of the substance use disorder counselor. The learner will engage in the development of micro-skills and group facilitation skills, mock assessments, and goal development, as well as an introduction to multiple theories of counseling, interventions, and techniques for working with clients.

Program Learning Outcomes

Upon completion of the program, students will be able to do the following:

Demonstrate interpersonal and communication skills needed to build appropriate, collaborative, and respectful relationships with clients, colleagues, and a diversity of populations in various practice settings.

Identify the medical, societal, and psychological effects of substance use disorders (SUD) on the family.

Examine the special needs of vulnerable substance use disorder populations and develop an attitude of cultural humility, inclusivity, and sensitivity to the unique needs of various groups (such as minority groups, Americans with disabilities, LGBTQUIA+, the elderly, intravenous drug users, pregnant women, youth, and incarcerated populations).

Apply the 12 Core Functions and the 46 Global Criteria of the SUD counselor across the continuum of care.

Employ a person-centered and motivational interviewing approach during practice assessments (with the American Society of Addiction Medicine- ASAM & biopsychosocial) and counseling role plays.

Survey the history of substance use disorders, theories, regulatory issues, the stages of the treatment process, and issues relevant to clients along the continuum of care—to include prevention, intervention, aftercare, and relapse prevention.

Compare the substance use disorder severity along the continuum, the pharmacology of the drugs, their physiological impact, and the symptomology to meet DSM 5/ICD criteria.

Examine the most common co-occurring behavioral/mental health disorders as defined in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) that occur alongside substance use disorders, the symptomatic behavior, and best practice interventions.

First Semester (Fall) Requirements

Item #

Title

Credits

HSER 100 Exploration of Self in Society 3 (may also take it in the spring semester)

HSER 140 Individual Counseling 3

*HSER 268 Survey of Substance Use Disorders 3

Sub-Total Credits 9

Spring Semester Requirements

Item #

Title

Credits

HSER 245 Group Counseling 3

*HSER 270 Substance Use Disorders Counseling 3

Sub-Total Credits 6

*Either of these courses may be taken in the Fall or Spring semester (do not take in the same semester)

Third Semester (Fall) Requirements

Item #

Title

Credits

HSER 294 Seminar & Fieldwork I 3

Sub-Total Credits 3

Fourth Semester (Spring) Requirements

Item #

Title

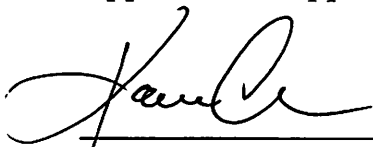
Credits

HSER 295 Seminar & Fieldwork II 3

Sub-Total Credits 3

Total credits: 21

Approved/~~Disapproved.~~



Keala Chock

Vice Chancellor for Academic Affairs

12/09/22

Date