A HELPING HAND RESOURCE BOOKLET FOR ALL FAMILIES INCLUDING PEOPLE WITH DISABILITIES

EMERGENCY SHELTERS
LEGAL ASSISTANCE
MEDICAL CARE
SUPPORT AGENCIES & MORE

2012-2013 Academic Year
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HAWAII DISABILITY RESOURCES
Hawaii Helper Locator  
(Revised 10/2013)

State of Hawaii Adult Mental Health  
24 hour ACCESS Line 586-4686  
1250 Punchbowl 96813, Honolulu  
www.amhd.org

Can determine eligibility for mental health services and refer clients to appropriate clinics for assessment and treatment services. Helps people with no insurance or those who have had difficulty receiving services:

- Crisis Hotline (information and referral, suicide and crisis assessment)
- Adult Crisis Team (suicide and homicide assessment)
- Crisis Shelter (short term crisis beds for adults)
- Youth Crisis Team (clients age birth-17)
- Survivors of Suicide (SOS) (for people who have lost a loved one to suicide)
- Diversion Project (mental health assessment)
- In Service Teams to speak to groups about the services offered by Adult Mental Health

Aloha United Way  
24 hour/7 days a week 211 (536-1951)  
200 N. Vineyard #700 96817, Honolulu  
www.auw.org

Operator will give information or transfer to appropriate service:

- Housing
- Financial help with rent as funds are available
- Referrals to any city, county, or state agency on any island
- Financial Aid/Scholarships for students
- Help with health insurance - free health insurance available for children up to age 19
## EMERGENCY MEDICAL CARE

<table>
<thead>
<tr>
<th>Medical Service</th>
<th>Address/Location</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>POISON CENTER</td>
<td>24 HOUR SERVICE</td>
<td>800-222-1222</td>
</tr>
<tr>
<td>SUICIDE CRISIS LINE</td>
<td>24 HOUR SERVICE</td>
<td>832-3100</td>
</tr>
<tr>
<td>KAHUKU MEDICAL CENTER</td>
<td>56117 Pualalea Street, Kahuku HI 96731</td>
<td>293-9221</td>
</tr>
<tr>
<td>KAISER PERMANENTE MEDICAL CENTER</td>
<td>3288 Moanalua Road, Honolulu HI 96819</td>
<td>432-0000</td>
</tr>
<tr>
<td>KAISER MEDICAL CENTER FOR WOMEN &amp; CHILDREN</td>
<td>1319 Punahou Street, Honolulu HI 96826</td>
<td>983-6000</td>
</tr>
<tr>
<td>KUAKINI MEDICAL CENTER</td>
<td>347 North Kuakini Street, Honolulu HI 96817</td>
<td>536-2236</td>
</tr>
<tr>
<td>KAPIOLANI MEDICAL CENTER AT PALI MOMI</td>
<td>98-1079 Moanalua Road, Aiea HI 96701</td>
<td>486-6000</td>
</tr>
<tr>
<td>QUEENS MEDICAL CENTER</td>
<td>1301 Punchbowl Street, Honolulu HI 96813</td>
<td>538-9011</td>
</tr>
<tr>
<td>STRAUB CLINIC &amp; HOSPITAL</td>
<td>888 South King Street, Honolulu HI 96817, Emergency</td>
<td>547-6011, 547-6551</td>
</tr>
<tr>
<td>TRIPLER ARMY MEDICAL CENTER</td>
<td>1 Jarrett White Road, Tripler AMC HI 96859</td>
<td>433-5716</td>
</tr>
<tr>
<td>WAIANAE COAST COMPREHENSIVE HEALTH CENTER</td>
<td>86-260 Farrington Highway, Waianae HI 96792</td>
<td>696-7081</td>
</tr>
<tr>
<td>WAHIAWA GENERAL HOSPITAL</td>
<td>128 Lehua Street, Wahiawa HI 96786</td>
<td>621-8411</td>
</tr>
</tbody>
</table>
### LOW COST MEDICAL CARE

State Mental Health Centers - Call ACCESS line for referral. (See page 3)

<table>
<thead>
<tr>
<th>CENTRAL OAHU MENTAL HEALTH CENTER</th>
<th>860 Fourth Street</th>
<th>Pearl City HI 96782</th>
</tr>
</thead>
<tbody>
<tr>
<td>WAIHIAWA MENTAL HEALTH CENTER</td>
<td>910 California Avenue</td>
<td>Wahiawa HI 96786</td>
</tr>
<tr>
<td>KALIHI PALAMA HEALTH CENTER</td>
<td>915 North King Street</td>
<td>Honolulu HI 96817</td>
</tr>
<tr>
<td>KALIHI PALAMA HEALTH CENTER DOWNTOWN</td>
<td>89 South King Street</td>
<td>Honolulu HI 96819</td>
</tr>
<tr>
<td>KOKUA KALIHI VALLEY</td>
<td>2239 North School Street</td>
<td>Honolulu HI 96819</td>
</tr>
<tr>
<td>QUEEN EMMA CLINIC</td>
<td>1301 Punchbowl</td>
<td>Honolulu HI 96813</td>
</tr>
<tr>
<td></td>
<td>Sliding fee scale</td>
<td></td>
</tr>
<tr>
<td>WAIKIKI HEALTH CENTER</td>
<td>277 Ohua Avenue</td>
<td>Honolulu HI 96815</td>
</tr>
<tr>
<td></td>
<td>$40 fee for each TB/MMR Test</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Present Student ID</td>
<td></td>
</tr>
<tr>
<td>PUBLIC HEALTH NURSING</td>
<td>3627 Kilauea Ave. Rm. 311</td>
<td>733-9220</td>
</tr>
<tr>
<td></td>
<td>1700 Lanakila Ave. Rm. 201</td>
<td>832-5757</td>
</tr>
<tr>
<td></td>
<td>94-275 Mokuula St. Rm. 101</td>
<td>675-0073</td>
</tr>
<tr>
<td></td>
<td>No cost – TB skin tests for all ages</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Developmental assessments and referrals for children age birth to age 5</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Case management, home services for medically fragile individuals</td>
<td></td>
</tr>
<tr>
<td>WAIANAE COAST COMMUNITY HEALTH SERVICES</td>
<td>86-226 Farrington Highway</td>
<td>696-4212</td>
</tr>
</tbody>
</table>
### EMERGENCY SHELTERS

**Child & Family Services**  
24 hours/7 days a week  
841-0822

**Domestic Abuse**

**Emergency Shelter**
- Address is confidential
- No cost

**Housing Solutions**  
973-0050  
Na Kolea  
946-8063  
- Single, working or full-time student  
- Has to be working 19+ hours weekly, rent $320/month, $50 deposit

**Loliana**  
522-0540  
- Family (must be working or full-time student)

**Na Kolea**  
946-8063  
- Single, working or full-time student

**Loliana**  
522-0540  
- Family (must be working or full-time student)

**Elderly Housing**  
599-5799

**Victim Advocacy Program**  
624-7233  
Domestic Violence & Sex Assault for Army
- Address is confidential
- Emergency transportation available

**Institute for Human Services**

<table>
<thead>
<tr>
<th>Shelter for Women &amp; Families</th>
<th>546 Kaa‘ahi Street</th>
<th>845-7052</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shelter for single Men</td>
<td>350 Summer Street</td>
<td>537-2724</td>
</tr>
</tbody>
</table>

- Free dormitory environment for homeless individuals
- Case managers available for welfare recipients & applicants
- Medical clinics on site
- Three meals provided
- Donations appreciated

**Fernhurst YWCA**

<table>
<thead>
<tr>
<th>Residence for Women</th>
<th>1566 Wilder Ave.</th>
<th>941-2231</th>
</tr>
</thead>
<tbody>
<tr>
<td>Honolulu, HI 96822</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Please inquire about rates
- Breakfast & dinner included. Limited reservations

**State Housing Information**  
832-5980

**Neighbor Island Shelters**

*Maui*  
Women Helping Women  
579-9581

*Kauai*  
Alternatives to Violence  
245-5959

*Kauai*  
The Shelter  
245-6362

*Hawaii*  
Family Crisis Shelter ATV  
696-7798

Hilo Shelter  
959-8400

Kona Shelter  
322-7233
SEXUAL ASSAULT/CRISIS INTERVENTION

Family Peace Center 832-0855
- Provides intervention for victims, perpetrators, and child witnesses of domestic violence

Child & Family Service
Ohana Sex Abuse Treatment Center

Pu’uhonua Domestic Violence Crisis 593-4490
- Counseling over the phone
- Support group for women
- Mon.-Fri. 7:30a.m.-10p.m. After hours call Ohia Shelter 526-2200

Kapiolani Medical Center 55 Merchant St. 22nd Floor 524-7273
Sex Abuse Treatment Center Honolulu, HI 96813
- 24 hour service
- Crisis Intervention
- Free medical exam within 72 hours of assault
- Information, referrals, and counseling fees on sliding scale basis
- Sex Abuse Treatment

Mainland, Neighbor Islands 1-800-531-5538
- Prosecuting Attorney’s Office support for victims of violent crimes. Information regarding the criminal justice system and accompaniment to proceedings. No Charge.
ALCOHOL AND DRUG COUNSELING

Alcoholics Anonymous
www.aa.org/ 946-1438

Al-Anon (Adults living with Alcoholics)
http://www.theagapecenter.com/AlAnoninUSA/Hawaii.htm 546-5647

Alateen (Children living with alcoholics)
http://www.al-anon.alateen.org/ 546-5647

Castle Medical Center (Kailua)
• Behavioral Health Services
• Detoxification 263-5326

Ho’omau Ke Ola
http://hoomaukeola.org/ 696-3315
• Treatment and counseling for individuals with addiction

Malama Recovery Service
http://www.aloha-house.org/malama/malama1.html 668-2277
• Outpatient substance abuse program

Marine Corps Substance Abuse Counseling Center

Narcotics Anonymous http://www.na.org/ 734-4357

Salvation Army Family Treatment Center
http://www1.usw.salvationarmy.org/usw/www_usw_hawaii.nsf/ 732-2802

Salvation Army Addiction Treatment Services
• Affordable detoxification
• Outpatient and residential programs 595-6371
### COUNSELING AND PERSONAL SUPPORT

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Adults Molested as Children Support Group</strong></td>
<td>543-8494</td>
</tr>
<tr>
<td><strong>Catholic Charities Hawaii</strong></td>
<td>536-1794</td>
</tr>
<tr>
<td>- Counseling for individuals, families, and couples</td>
<td></td>
</tr>
<tr>
<td>- Fees based on income</td>
<td></td>
</tr>
<tr>
<td><strong>Codependents Anonymous (CODA)</strong></td>
<td>589-2632</td>
</tr>
<tr>
<td>- Help for people with family, relationship problems or low self-esteem</td>
<td></td>
</tr>
<tr>
<td><strong>Compassionate Friends</strong></td>
<td>536-2225</td>
</tr>
<tr>
<td><a href="http://www.compassionatefriendshonoerolul.org">www.compassionatefriendshonoerolul.org</a></td>
<td></td>
</tr>
<tr>
<td>- Support and self-help for people who have lost children</td>
<td></td>
</tr>
<tr>
<td>- Meet 1st Saturday of each month 10 A.M. - 11:30 A.M. at Waikiki Yacht Club</td>
<td></td>
</tr>
<tr>
<td><strong>Domestic Violence/Child Abuse Shelters</strong></td>
<td>841-0822</td>
</tr>
<tr>
<td><strong>Eating Disorder Counseling</strong></td>
<td>255-4810</td>
</tr>
<tr>
<td><strong>Family Peace Center</strong></td>
<td>832-0855</td>
</tr>
<tr>
<td>- Support groups for abused women; domestic violence intervention counseling</td>
<td></td>
</tr>
<tr>
<td>- Resource referrals</td>
<td></td>
</tr>
<tr>
<td><strong>Hawaii State Coalition Against Domestic Violence</strong></td>
<td>832-9316</td>
</tr>
<tr>
<td>- Domestic violence information, referrals, legislative advocacy</td>
<td></td>
</tr>
<tr>
<td><strong>Kahi Mohala Behavioral Health</strong></td>
<td>671-8511</td>
</tr>
<tr>
<td><a href="http://www.kahimohala.org/about/">http://www.kahimohala.org/about/</a></td>
<td></td>
</tr>
<tr>
<td>- Comprehensive behavioral health care services</td>
<td></td>
</tr>
<tr>
<td>- Educational Programs</td>
<td></td>
</tr>
<tr>
<td>- Adolescent Partial Hospitalization Program</td>
<td></td>
</tr>
<tr>
<td>- ROPES Program</td>
<td></td>
</tr>
<tr>
<td><strong>Kapiolani Rehabilitation Center</strong></td>
<td>983-8235</td>
</tr>
<tr>
<td>- Speech, audiology, physical, and occupational therapy</td>
<td></td>
</tr>
<tr>
<td><strong>MADD (Mothers Against Drunk Driving)</strong></td>
<td>532-6232</td>
</tr>
<tr>
<td>- Alcohol education</td>
<td></td>
</tr>
<tr>
<td>- Bereavement counseling</td>
<td></td>
</tr>
<tr>
<td><strong>United Self-Help Warm Line</strong></td>
<td>947-5558</td>
</tr>
<tr>
<td><a href="http://unitedselfhelp.org/ush1/">http://unitedselfhelp.org/ush1/</a></td>
<td></td>
</tr>
<tr>
<td>- Free telephone help for individuals who need someone to talk to</td>
<td></td>
</tr>
</tbody>
</table>
PARENTING SUPPORT

Akamai Youth Project 529-3929
http://honolulucounty.hi.networkofcare.org/mh/
- Sessions for parents, teens age 11 – 17 and other family members on Juvenile law and parenting issues (NO CHARGE)
- Referrals and support

Child and Family Services 681-3500

Family Peace Center's - Puuhonua Crisis Counseling Line 585-7944
- Legal referral and crisis support
- Counseling and intervention
- Case advocacy and safety planning

Hana Like – Prevent Child Abuse Program 841-2245
http://pacthawaii.org/hana_like_home.html
- Home visitor program

Institute for Family Enrichment 596-8433
http://www.tiffe.org/
- Intensive home and community-based services
- Services to children with Autism
- Psychological testing

The Parent Line 526-1222
- Telephone support system for caregivers/parents with children
- Referral
EMERGENCY FOOD/FINANCIAL HELP

Air Force Family Support Center
655 Vickers Ave. Bldg. 1105
- Free classes, emergency assistance, help with job search for military families

Army Community Services
Building 2091, Schofield Barracks
- Military families in need
- Employment readiness
- Victim advocacy

Catholic Charities Help Line
- This is the main intake number for all various services offered.

Kaumakapili Church Free Store
- Clothing and small household items, food
- Every Fridays from 8:30 A.M. – 1:00 P.M.

Olivet Baptist Church Food Pantry
1775 Beretania St.
- Every last Saturday of the month from 9:00 A.M. – 11:00 A.M.

Waikiki Community Center
- Food Bank opens Tuesdays 1:00 P.M. – 4:00 P.M.
- Food items are given on a monthly basis with a valid picture I.D.
- Allowed six visits per year.

Salvation Army
- This is the main intake number for all various services offered.
RESOURCES FOR CHILDREN/YOUTH

CPS (Child Protective Services)  832-5300
  • To report child abuse 24 hours

Hale Kipa Youth Shelter  Directory Services  589-1829
  • Ho’okala program - outreach services, minor law violations, shelter assessments for youth age 11-17

Juvenile Crime Prevention Division, HPD  529-3201
810 S. Beretania St.
  • Access to HPD programs like Police Athletic League, counseling, etc.

Teen Intervention Program/Teen Line  973-8501
  • Kapiolani Medical Center
  • Counseling for children and teens
  • Set fees

Office of Youth Services - State Department of Mental Health
  • Must be referred by DOE, court or mental health agency, but can help callers learn how to access the service they need.
  • Central  453-5900
  • Diamond Head  733-9393
  • Kalihi-Palama  832-3792
  • Leeward  692-7700
  • Windward  233-3770

Youth Outreach  942-5858

FINANCIAL HELP FOR CHILDREN

Hawaii Community Foundation  537-6333
900 Ft. Street Mall 1300 96813
http://www.hawaiicommunityfoundation.org/index.php
  • Non-profit organization for charities
  • Grant for local scholarships

Queen Lili’uokalani Trust  847-1302
1300 Haloa St. 96817
http://www.onipaa.org/
  • Counseling services and limited financial aid for Hawaiian and part Hawaiian children
PUBLIC ASSISTANCE OFFICES

State of Hawaii Financial, Medical Assistance/Child Care and Food Stamps/Work Programs Information

Ewa Unit 601 Kamokila Bl Rm. 106  692-7300
Iwilei Unit 333 N. King St Rm. 200  586-8047
Ka’ala Unit 86-120 Farrington Hwy. Suite A104  697-7147
Kalihi Unit 333 N King St. Rm. 106  586-8135
Kailua Unit 45-513 Luluku Road  233-5325
Kamokila Unit 601 Kamokila Bl. Rm. 468  692-7171
Kaneohe Unit 45-513 Luluku Rd.  233-5350
Kapalama Unit 91-1821 Ft. Weaver Rd.  681-8210 Kinau Unit
   677 Queen St. Suite 400A  587-9350
Kuakini Unit 1485 Linapuni St. Suite 122  832-3800
Makiki Unit 677 Queen St. Suite 400B  587-5276
Moanalua Unit 677 Queen St. Suite 400A  587-5313
Nanakuli Unit 601 Kamokila Bl. Rm. 117  692-7775
Nuuanu Unit 1485 Linapuni St. Suite 124  832-5627
Palama Unit 333 N. King St. Rm. 101  586-1755
Pauahi Unit 333 N. King St. Rm. 201  586-8108
Pawaa Unit 677 Queen St. Suite 400B  587-5290
Punawai Unit 677 Queen St. Suite 400B  587-5283
Wahiawa Unit 929 Center St.  622-6476
Waianae Unit 86-120 Farrington Hwy. Suite A103  697-7177
Waikalua Unit 45-260 Waikalua Rd.  233-3621
Waiekele Unit 94-275 Mokuola St. Rm. 303  675-0040
Waipahu Unit 601 Kamokila Bl. Rm. 106  692-7310
West Oahu Unit 94-275 Mokuola St. Rm. 303A  675-0050
Windward Unit 46-005 Kawa St. Rm. 307  233-3655

Federal WIC (Women, Infants, Children) Program:
*You can apply at any convenient office. Call 586-8080 for more information.
Honolulu  586-4761
Leeward  675-0365
Wahiawa  622-6458
Waianae  696-5561
Windward  233-5470

Hawaii Housing Applications
1022 N School St.  832-5960
LEGAL ASSISTANCE

Domestic Violence Legal Hotline
P.O. Box 3198, Honolulu, 96801
- Attorneys and advocates on staff
- Monday to Thursday from 8:00 A.M. – 5:00 P.M.

Legal Aid Society of Hawaii
924 Bethel St. 96813

Corporation Counsel – Family Support Division, DSSH
- Helps with establishing paternity and collecting unpaid Child support

Lawyer Referral Service
- Free referrals to attorneys with different specialties

Mediation Center of the Pacific, Inc.
- Help with settlement of disputes, small filing fee

Disciplinary Counsel for the Hawaii Supreme Court
- Handles complaints against attorneys concerning unethical behavior

Department of the Attorney General – Main Switchboard
- Responsible for enforcing State Law in Hawaii

U.S. Attorney General’s Victim/ Witness Office
- Responsible for enforcing Federal law in Hawaii

Crime Victim Compensation
333 Queens 404, 96813

TRO (Temporary Restraining Order) Applications
- No Fee Charged

Family Law Center
Pioneer Plaz, Suite 910
900 Fort Street Mall
Honolulu, HI 96813

Uncontested Divorce
Power of Attorney

Coates & Frey Attorneys at Law
Pioneer Plaza, Suite 1400
900 Fort Street Mall
Honolulu, HI 96813

Domestic & Family Relationships
Divorce, Custody, Support, Paternity
Abuse, All Family Law
# Referrals

**Psychologists, Psychiatrists, MSW, Counselors**

<table>
<thead>
<tr>
<th>NAME</th>
<th>INSURANCE</th>
<th>SPECIALTY</th>
</tr>
</thead>
</table>
| **Airman & Family Readiness Flight**  
655 Vickers Ave., Bldg. 1105  
449-0300                      | Air Force members and dependents | Free classes, financial assistance, job search |
| **Mental Health Clinic at Hickam AFB**  
449-0175                     |                                |                                               |
| **Life Skills Flight**       449-0175                                        |                                |                                               |
| **Behavioral Health Services** Castle Medical Center  
640 Ulu Kahiki St.  
Kailua, HI 96734  
263-5356                      | Kaiser if referred, HMSA       | Acute DETOX, outpatient treatment              |
| **Berkey, Trenda, LCSW**  
Clinical Social Work/Therapist  
98-211 Pali Momi St. Suite 707  
Aiea, HI 96701  
382-3388                      |                                |                                               |
| **Bressem, Michael, Ph.D.**  
Olahou Clinic  
98-1247 Kaahumanu St. #223  
Aiea, HI 96701  
487-5433                      | HMSA, HDS, Medicare, Medicaid, Champus (not Prime), HMSA Quest only | Marriage counselor, sexual abuse, teens other issues |
| **Chingon, Harry M.D.**  
98-211 Pali Momi St. Suite 414  
Aiea, HI 96701  
484-9200                      | Most insurance accepted        | Child and Adolescent psychiatrist              |
| **Fine, Virginia, Ph.D.**  
1042 Maunawili Loop  
Kailua, HI 96734  
261-5521                      | Takes most insurance           | Works with all types on communication skills   |
| **Garrett, Cathy, Psy. D.**  
98-211 Pali Momi, Suite 810  
Aiea, HI 96701  
485-2800                      | Most insurance accepted        | Psychologist, individuals and teens             |
<table>
<thead>
<tr>
<th>REFERRALS</th>
<th>PSYCHOLOGISTS, PSYCHIATRISTS, MSW, COUNSELORS</th>
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</thead>
<tbody>
<tr>
<td>(continued)</td>
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<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Contact Information</th>
<th>Specialties</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gelb, Suzanne, Ph.D.</td>
<td>Century Center 1750 Kalakaua Ave., Suite 3203</td>
<td>943-2994</td>
<td>Eating disorders, all addictions, clinical hypnosis, relationship problems</td>
</tr>
<tr>
<td>Hammer, Suzanne, M.D.</td>
<td>1188 Bishop St., Suite 2408 Honolulu, HI 96813</td>
<td>524-3393</td>
<td>Private insurance, campus</td>
</tr>
<tr>
<td>Kitay, Joyce. Ph.D.</td>
<td>888 Millani St. PH 2 Honolulu, HI 96813</td>
<td>924-3027</td>
<td>No insurance, reduced fees</td>
</tr>
<tr>
<td>Kiyota, Heide, Ph.D.</td>
<td>319 A North Cane St. Wahiawa, HI 96786</td>
<td>621-1820</td>
<td>Most insurance accepted</td>
</tr>
<tr>
<td>Luckie, Nancy, M.D.</td>
<td>1833 Kalakaua Ave., Suite 800 Honolulu, HI 96815</td>
<td>951-1166</td>
<td>Most insurance accepted</td>
</tr>
<tr>
<td>Peck, Joel, M.D.</td>
<td>99-115 Aiea Hts. Dr., Suite 219A Aiea, HI 96701</td>
<td>485-5855</td>
<td>Takes all HMSA, HMSA Quest, Tricare, Medicaid, Medicare, MDX, HMA, HMAA, UHA, Kaiser added choice</td>
</tr>
<tr>
<td>Sharpe, Carla, APN, RN</td>
<td>457 Iliwahi Loop Kailua, HI 96734</td>
<td>261-0066</td>
<td>Most insurance including Quest</td>
</tr>
<tr>
<td>Sloggett, Barbara, Ph.D.</td>
<td>4211 Waialae Ave., Suite 206A Honolulu, HI 96816</td>
<td>735-2494</td>
<td>HMSA, Champus</td>
</tr>
</tbody>
</table>

Play therapy, children, and families
## REFERRALS
### PSYCHOLOGISTS, PSYCHIATRISTS, MSW, COUNSELORS

(continued)

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Specialization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thompson, Malia, Ph.D.</td>
<td>478-5633</td>
<td>Psychologist, individuals/couples</td>
</tr>
<tr>
<td>Umphress, Val, Ph.D.</td>
<td>488-9288</td>
<td>Psychologist, individuals/family</td>
</tr>
<tr>
<td>Walker, Arther Bim, Ph.D.</td>
<td>254-5554</td>
<td>Clinical psychologist, Ages 3-85, individuals, couples, children, adolescents</td>
</tr>
<tr>
<td>Hawaii Center for Psychology</td>
<td>587-7793</td>
<td>Most insurance accepted</td>
</tr>
<tr>
<td>Hawaii Counseling and Education Center</td>
<td>254-6427</td>
<td>Most insurance accepted</td>
</tr>
<tr>
<td>Veteran’s Center Honolulu</td>
<td>973-8387</td>
<td>Services free to vets &amp; families of vets</td>
</tr>
</tbody>
</table>
Hawaii Disability Resources

Behavioral Health Services Administration
www.state.hi.us/doh/about/behavior.html
- Information about admission, care, treatment, release, and patient follow-up

Goodwill Industries of Hawaii Inc.
www.higoodwill.org
- Provides training, career development, and employment services

Hawaii Centers for Independent Living
www.hcil.org
- Peer counseling, housing, outreach, public education, transportation, advocacy

Hawaii Disability Rights Center
www.hawaiidisabilityrights.org
- Advocates for the rights of people with disabilities

Hawaii Division of Vocational Rehabilitation/Department of Human Services
www.hawaii.gov/vocational
- Information, referrals, advocacy

Hina Mauka
www.hinamauka.org
- Full continuum of substance abuse treatment services

Learning Disabilities Association of Hawaii
www.idanatl.org
- Information, referrals, advocacy

Legal Aid Society of Hawaii
www.legalaidhawaii.org
- Legal assistance and tax services

Mental Health Kokua
www.mentalhealthkokua.org
- Residential and rehabilitation services for persons with mental illnesses

Mental Health America
www.nmha.org
- National helpline, local self-help groups

Dept. of Labor & Relations
Employment Training & Unemployment
586-8816
586-8870

Special Education Center of Hawaii
www.secoh.org
- Provide services to people with developmental disabilities or acquired disabilities due to head injury or aging
United Cerebral Palsy Association of Hawaii
www.ucpahi.org 532-6744

Salvation Army Admin.
www.salvationarmyhawaii.org 988-2136
  • Emergency financial assistance, substance abuse treatment and rehabilitation

United Self Help
www.unitedselfhelp.com 947-5558
  • Self help and support groups, free warm line

Waianae Coast Comprehensive Health Center
www.wcchc.com 696-7081